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**Course 1- Develop and Verbalize Your Story**

***Power Words and Power Phrases***

*If you use... Instead use this:*

Helped/Assisted/Participated in Executed/Performed

Attended Active participant in

Team member Key member

**Power word bank examples:**

Achieved Attained Performed Completed Produced Collaborated Provided Presented Populated Designed Qualified Demonstrated Quantified Delivered Yielded Directed Executed Evidenced Finalized Gauged Improvised Lead Managed Motivated Organized

**Power word/sentence example**

Instead of: “Member of team who met goal”

Use: “Key member of group who achieved stretch goal and performed above expectations”